Resident and Commuter Camps

These camps are designed to give each individual athlete a solid foundation in the basic football fundamentals needed to excel at his specific position. These camps are directed by the Michigan State University coaching staff, as well as guest college and high school coaches from around the country. You will receive the same expert coaching that every Michigan State football player receives. Michigan State football players will serve as camp counselors and work closely with all campers.

June 15
7on 7 Team High School Passing Camp
(28 teams maximum) $325.00 per team
Offensive/Defensive Line Technique Camp
Entering grades 9-12 $85.00 per camper
REGISTRATION:
June 16 Check Out: 3:45pm
Skandalaris Football Complex
10:30am - 3:00pm

June 20-21
Youth Camp
*Entering grades 3-8
JUNE 20 Check In: 6:00-9:00am
Skandalaris Football Complex
JUNE 16 Check Out: 3:45pm
Commuter Camper $400.00
$25.00 discount if enrolled before May 1st.

June 21
Kicking Camp
Entering grades 9-12
REGISTRATION:
June 22 Check In: 8:00-10:00am
Skandalaris Football Complex
1:00 - 3:30pm
Commuter Camper $180.00
$25.00 discount if enrolled before May 1st.

June 22-23
Rising Stars High School Position Camp
Entering grades 9-12
REGISTRATION:
JUNE 22 Check In: 8:00-10:00am
Skandalaris Football Complex
11:30am
Resident Camper $280.00
Commuter Camper $180.00
$25.00 discount if enrolled before May 1st.

Michigan State Football
Skandalaris Football Center
Duffy Daugherty Football Building
Michigan State University
771 Chestnut Road
East Lansing, MI 48824

FOOTBALL CAMPS
Head Football Coach
Mark Dantonio,
Michigan State University
Duffy Daugherty Football Building
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Michigan State Football

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SPARTAN FOOTBALL CAMP APPLICATION

Register at: www.sportcamps.msu.edu

Please print information below or enroll online.

Name
Address
City      State  Zip
Parent or Guardian
Daytime Telephone    Evening Telephone
Date of Birth     Height   Weight
Grade in September     Age

High School       Middle School       Elementary School
Circle adult t-shirt size:  S       M       L       XL       XXL       XXXL
Circle preferred position:  DB     LB     DL     OL     QB     WR     RB     TE

Please enroll me in the following Football Camp:

<table>
<thead>
<tr>
<th>Camp</th>
<th>Date</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 on 7 Team High School</td>
<td>before May</td>
<td>$325.00</td>
</tr>
<tr>
<td>Passing Camp</td>
<td>after May</td>
<td>$320.00</td>
</tr>
<tr>
<td>Offensive/Defensive Line Technique Camp</td>
<td>June 15</td>
<td>$85.00</td>
</tr>
<tr>
<td>Youth Camp June 20-21</td>
<td>June 15</td>
<td>$215.00</td>
</tr>
<tr>
<td>Kicking Camp</td>
<td>June 21</td>
<td>$90.00</td>
</tr>
<tr>
<td>Rising Stars High School Position Camp</td>
<td>June 22-23</td>
<td>$255.00</td>
</tr>
<tr>
<td>Rising Stars High School Commuter Camp</td>
<td>June 22-23</td>
<td>$155.00</td>
</tr>
</tbody>
</table>

U.S. FUNDS ONLY. Please make checks payable to MICHIGAN STATE UNIVERSITY.

Check one:
CHECK  MASTERCARD  VISA  DISCOVER  AMERICAN EXPRESS

Card Number       3 digit security code
Exp. Date               Amount of Check/Charge enclosed

Signature

MEDICAL TREATMENT AUTHORIZATION FORM

Participant’s Name Date of Birth

What Sport

FOOTBALL

Cost of Camp:

Participants are automatically enrolled in MSU’s accident insurance plan. Eligible covered
expenses will be paid only if they are in excess of other valid and collectible insurance.

I. List any medical conditions that camp personnel should be aware of (use additional pages
if necessary):

II. List any medications currently taking:

III. List any allergies:

In case of emergency please contact:

Name
Daytime Telephone Evening Telephone

Insurance Information:

Name of Medical Insurance Company    Insurance Company Telephone
Name of Insurance Policy Holder    Policy Holder DOB
Medical Insurance Policy Number   Medical Insurance Group (if appl)

I, ___________________________, as parent or legal guardian of the participant named above,
authorizes MSU to seek medical and/or surgical treatment which is reasonably necessary to care for the participant.
Further authorize the medical facility that treats the participant to release all information needed to complete
insurance claims. I acknowledge my responsibility to pay all costs associated with the participant’s medical care
and endorse insurance payments, if any, to be made directly to the medical facility.

Signature (Parent or Guardian)      Date

Send Application and Medical Treatment Form with payment in full to:

MICHIGAN STATE UNIVERSITY:

2016 SPARTAN FOOTBALL CAMP APPLICATION

REACH HIGHER

June 15
7 on 7 Team High School
Passing Camp

June 20-21
Youth Camp

June 21
Kicking Camp

June 22-23
Rising Stars High School
Position Camp

www.sportcamps.msu.edu
**WHAT IS A CONCUSSION?**

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

**WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?**

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

**SYMPTOMS REPORTED BY ATHLETE:**

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not “feeling right” or is “feeling down”

**SIGNS OBSERVED BY COACHING STAFF:**

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can’t recall events prior to hit or fall
- Can’t recall events after hit or fall

**DID YOU KNOW?**

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

**“IT’S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON”**

**Michigan Department of Community Health**

Rick Snyder, Governor
James K. Haveman, Director
CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

• One pupil larger than the other
• Is drowsy or cannot be awakened
• A headache that gets worse
• Weakness, numbness, or decreased coordination
• Repeated vomiting or nausea
• Slurred speech
• Convulsions or seizures
• Cannot recognize people or places
• Becomes increasingly confused, restless, or agitated
• Has unusual behavior
• Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

1. If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it’s OK to return to play.

2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

3. Remember: Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete’s brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTED

STUDENT-ATHLETE NAME SIGNED

DATE

PARENT OR GUARDIAN NAME PRINTED

PARENT OR GUARDIAN NAME SIGNED

DATE

JOIN THE CONVERSATION www.facebook.com/CDCHeadsUp

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION

Content Source: CDC’s Heads Up Program. Created through a grant to the CDC Foundation from the National Operating Committee on Standards for Athletic Equipment (NOCSAE).